

Jointly Organises



The First Edition of
**India International Ayurveda and Wellness
Expo & Summit 2026**

Supported By



“Celebrating India's Wellness
Heritage — Global Pathways
to Holistic Health”



Shri Narendra Modi,
Hon'ble Prime Minister of India



Dr. Pramod Sawant,
Hon'ble Chief Minister of Goa

An international platform uniting practitioners, brands, policymakers, and innovators in Ayurveda, Yoga, Naturopathy, Wellness and Holistic Health

Dates :
23rd – 25th January 2026

Venue :
Dr. Shyama Prasad Mukherjee
Indoor Stadium, Bambolim - Goa

Time :
10.00 am to 6.00 pm

OVERVIEW :

Goa Ayurvedic and Other Allied Indian Systems of Medicine, Council Act, 2019 (Goa Act 15 of 2019) is a statutory body, constituted by the Government of Goa.

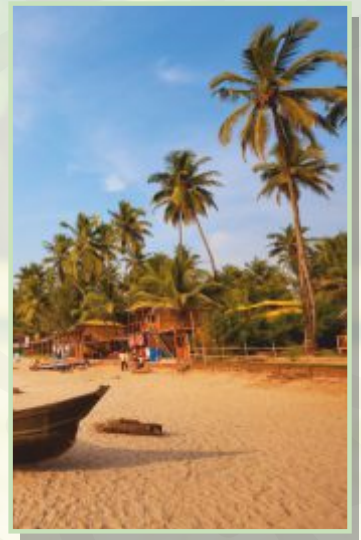
The Council is dedicated to promoting, regulating, and advancing Ayurveda, Yoga, Unani, Siddha, and Homeopathy in Goa. The Council works to position Goa as a global wellness destination through education, research, and collaborations.

The First edition of India International Ayurveda and Wellness Expo & Summit 2026 is the premier platform showcasing India's ancient healing traditions and their modern relevance.

It aims to position Goa as the global hub for Ayurveda, Natural healing, and Holistic wellness, bringing together thoughtful Leaders, Practitioners, Businesses, Entrepreneur and Seekers of Wellness under one roof.

Why Goa ?

- **Global Appeal** : Goa is India's premier destination for wellness tourism
- **Air Connectivity** : Easily accessible from major Indian cities and global hubs
- **Natural Backdrop** : Serene beaches, lush greenery — ideal for promoting health and well-being
- **Existing Ecosystem** : Home to several Ayurvedic retreats, yoga centers, wellness resorts



- **Tourist-Friendly** : Cosmopolitan culture with high infrastructure readiness
- **Supportive Policies** : Tourism department of Goa has started promoting wellness tourism

KEY OBJECTIVE:

Showcase | Connect | Innovate

- Promote Holistic Wellbeing and Preventive Healthcare
- Create Awareness About Authentic Ayurvedic Practices
- Strengthen the Global Positioning of India as a Wellness Hub
- Provide a Platform for Industry Collaboration and Innovation
- Encourage Sustainable and Healthy Lifestyles
- Support Market Expansion and Business Opportunities
- Showcase and connect stakeholders across AYUSH Industry
- Initiate dialogue with government and private sectors to regulate and promote the wellness industry.
- Encourage entrepreneurship, research, and innovation in Ayush-related fields.



Exhibitors Profile

- Ayurvedic Brands & Product Manufacturers
- Wellness Retreats & Resorts
- Herbal & Natural Cosmetic Companies
- Yoga & Naturopathy Centers
- Medical Tourism Facilitators
- Equipment & Technology Providers
(Panchakarma Machines, Diagnostic tools etc.)
- Thought Leaders
- Ayurveda Doctors
- Vaidya & Researchers
- Health Influencers
- Wellness Coaches
- Nutritionists
- International Wellness Delegates & Health Policy Makers

Visitor Profile

- Business Stakeholders
- Doctors and Practitioners
- Ayurvedic & Herbal Product Companies
- Hospitality Groups (hotels, Spas, Retreats)
- Medical Tourism Firms
- Startups in Health & Wellness Tech
- Institutional Stakeholders
- Ministry of AYUSH
- Wellness Certification Bodies
- Global Trade Bodies
- Research & Educational Institutions in Ayurveda
- General Public
- Health-conscious Individuals
- Yoga Practitioners
- Spiritual Tourists
- International Visitors Looking for Holistic Healing Experiences



Why Participate?

For Exhibitors :

- Showcase your products & services to a highly targeted audience.
- Connect with Distributors, Hospitals, Doctors and Practitioners, Wellness Resorts, and International Buyers.
- Launch new products in a dynamic marketplace.
- Network with Decision-Makers and Policymakers.

Expected Sectors :

Ayurveda | Herbal & Organic Products | Wellness Resorts | Yoga Institutes | Health Tech | Medical Tourism | Nutraceuticals | Natural Cosmetics | Spa & Panchakarma Centers





Event Highlights



Mega Exhibition Pavilion – A three-day Ayurveda & Wellness Expo featuring 50+ leading organisations, wellness brands, innovations, medicinal plant-based products and research institutions



Summit 2026 – An International Summit featuring over 40 experts in Panel discussions, Technical sessions, and Policy Dialogues on the future of Ayurveda, Yoga, Naturopathy and integrative health



Experience Zone – live demonstrations presenting classical therapies, Panchakarma practices, and traditional healing modalities with advanced technologies



Flavours of Wellness – Unique Recipe Demonstration, Display & Tasting session of the Scientific Delicacies from the Ayurveda & Naturopathy for Wellbeing



Paper & Poster Presentations to showcase and highlight the cutting edge work in advancement of Ayurveda and Wellness



Inter-College Yoga Competition for youth



Agnihotra – Offering by 108 people at Sunset to purify the atmosphere, harmonize mind and body, and connect with cosmic energies for healing, spiritual growth, and environmental balance



Chikitsa Clinics – Free OPD's for General public across 6 specialities Chiropractic, Pain Management, Shringi Chikitsa, Ayurveda specialties, Homeopathy, Naturopathy functional modalities



Yoga Session by **Swami Baba Ramdev ji**



Networking Dinner - To foster meaningful interactions among delegates, industry leaders, practitioners, policymakers, researchers, and wellness entrepreneurs attending the summit

Summit 2026 Details Day wise Schedule



Friday 23rd January 2026

10.00 am

Inaugural Ceremony -

Chief Guest - Dr. Pramod Sawant, Honb'ble Chief Minister of Goa

Key Note Speaker - **Acharya Shri Balkrishna Ji, Managing Director, Patanjali Ayurveda**

12.00 noon
to 1.00 pm

Session :

Topic - **Healthy Ageing**

Speaker :

Dr. Ali Irani - Renowned Sports Physiotherapist

2.00 pm
to 3.30 pm

Panel Discussion

Topic - **Integrative Sports Wellness : Bridging Evidence - Based Medicine, Traditional system and policy**

Panellist :

Mr. Om Prakash Singh - Olympian, Asian Champion , National Athletic Coach

Dr. Shaji Prabhakaran - Executive Committee Member for both the Asian Football Confederation (AFC) and South Asian Football Federation (SAFF).

Dr. Neelesh Korde - Principal Gomantak Ayurveda Mahavidyalaya Research Center, Goa

Dr. Ali Irani - Renowned Sports Physiotherapist

Dr. Ajay Gaude - Director, Directorate of Sports & Youth Affairs, Govt of Goa

Moderator & Panelist :

Dr. Sarthak Patnaik - Arthroscopic & Sports Surgeon, Founder- Sports Science India

4.00 pm
to 6.00 pm

Panel Discussion

Topic - **Heal in India & Heal by India Curated and Managed by Federation of Indian Chambers of Commerce & Industry (FICCI)**

Panellist :

■ **Dr. Rajesh Srinivas Bail** - Global Wellness Expert

■ **Ms. Monalisa Dash** - Joint Secretary, Ministry of AYUSH, Government of India

■ **Dr. A. Raghu** - Ayurveda Adviser, Ministry of AYUSH, Government of India

■ **Mrs. Shweta Desai** - Director, Food & Drugs Administration, Govt of Goa.

■ **Dr. Raman Mohan Singh** - Director, Pharmacopoeia Commission for Indian Medicine & Homeopathy, Government of India

■ **Director / Senior Official** — Ministry of Ayush (Heal in India Division)

■ **Principal Secretary / Health Secretary** — Government of Goa

Saturday 24th January 2026

10.00 am Session :
to 11.00 am Topic - **Global Perspective of Wellness and its Scope for AYUSH Streams**
Speaker :
Dr. Vijay Murthy - Specialist in Integrative Medicine, United Kingdom and Europe

11.30 am Panel Discussion
to 1.00 pm Topic - **The Future of Integrative Oncology in India**
Panellist :
Dr. Rajendra Badwe - Padma Shri, Surgical Oncologist, Former Director of Tata Memorial Centre
Dr. Manohar S. Gundeti - Research Officer (Ayurveda) Central Ayurveda Research Institute (CARI), Mumbai. (Under Central Council of Research in Ayurvedic Sciences (CCRAS))
Prof. Dr. Sujata D. Kadam - (MS, PhD) Dean (Academic & Administration), All India Institute of Ayurveda Goa Professor & HoD (SRPT)
Dr. Shekhar Salkar - Renowned Oncologist, Goa,
Dr. Yogesh Bendale - Renowned Ayurvedic Oncologist
Dr. Pradeep M. K. Nair - Renowned Naturopathy Oncologist

Moderator - Dr Gaurav Desai - Professor, Gomantak Ayurveda College and Mahavidhyalaya, Goa

2.00 pm Panel Discussion
to 4.00 pm Topic - **Beyond GDP : Spiritual & Happiness Quotient for India & World"**
Panellist : Spiritual Luminaries/Lightworkers
Shri Advait Yoga Bhushan - Yogi & Philosopher
Shri Tsewang Norbu Vivek - International Spiritual & Meditation Guru
Vaidya Pareexit Shevde - Renowned Ayurvedic Physician and Thought Leader
Moderator - Shri Charudutta Panigrahi - Spiritual Philosopher and Author

4.30 pm Panel Discussion
to 6.00 pm Topic - **Illness to Wellness**
Panellist :
Prof. Dr. S. N Gupta - Vice Chancellor, Maganbhai Adenwala Mahagujarat University, Nadiad
Prof. Dr. Sameer Naik – Professor, SBG Ayurveda Medical College ; Ayurveda Gastroenterologist
Dr. Kanak Soni - Renowned Naturopath at Patanjali Wellness Haridwar
Dr. Apar Saoji - Principal of Swami Vivekananda Yoga Anusandhana Samsthana School of Yoga and Naturopathic Medicine, Bengaluru
Dr. Rohit Sane - Medical Director (Madhavbaug)

Moderator - Dr. Vitthal Huddar - Additional Professor, All India Institute of Ayurveda (AIIA) - Delhi

Sunday 25th January 2026

10.00 am to 11.00 am	<p>Session :</p> <p>Topic - "युक्ताहारस्य.... योगो भवति दुःखहा"</p> <p>Speaker :</p> <p>Dr. Khader Vali - Millet Man of India, Padmashree Awardee.</p>
11.00 am to 1.00 pm	<p>Panel Discussion</p> <p>Topic - Food as a Medicine</p> <p>Panellist :</p> <p>Mr. Ryan Fernando - Celebrity Nutritionist</p> <p>Vd. Dr. Madhavilata Dixit - MD (Ayu.) & PhD (Ayu.), Ayurveda Swasthavritta & Health Expert</p> <p>Dr. D. Sathyanath - Professor, National Institute of Naturopathy, Pune</p> <p>Prof. Dr. Geetha B Shetty - Prof. & Dean Physical Therapeutics and Nutrition SDMCNYS</p> <p>Mr. Darryl Dsouza - Sustainable Wellness Expert.</p> <p>Moderator - Dr. Sneha Bhagwat - President of Goa Council of Ayurveda And Others Allied Indian System Medicine</p>
2.00 pm to 3.00 pm	<p>Session :</p> <p>Topic - Decoding the Indian way of Nutrition for Wellness</p> <p>Speaker :</p> <p>Mr. Ryan Fernando, Celebrity Nutritionist</p>
4.00 pm	<p>Valedictory Function</p> <p>Chief Guest</p> <p>Dr. Pramod Sawant - Hon'ble Chief Minister of Goa</p> <p>Key Note Speaker</p> <p>Vd. Rajesh Kotecha - Secretary, Ministry of AYUSH, Govt. of India</p>

Parallel Sessions

DAY 1 – 23rd January 2026 Session : 3.00 pm - 4.30 pm	Topic - World Herbal Encyclopedia and Its Deliverables Speakers : Dr. Vedpriya Arya – Senior Researcher, Patanjali Research Foundation (PRF) Dr. Nagaraj Samaga – Renowned Ayurveda Practitioner with special focus on herbs Dr. Maryanne Borges, Ayurveda Physician, Ethano Botanical Chronicle Dr. Pradip Vithal Sarmokadam Member Secretary Goa State Biodiversity Board, HoD Nodal Agency Goa State Wetland Authority, Nodal Officer Climate Change
DAY 2 – 24th January 2026 10.00 am - 10.45 am	Topic : Debunking Nutrition- Fad diet vs Balanced Eating Speaker : Dr. Roopa Apte, Chief Consultant, Ayurveda Clinic, Mapusa, Goa
Sessions - 10.45 am - 11.30 am	Topic : Follow Dincharya & Rutucharya - Way to positive and promotive health Speaker : Dr. Sonal Sawant, Ayurvedic physician,
Sessions - 11.30 am - 12.15 pm	Topic : Your Gut Your Superpower Speaker : Dr. Janhavi Prabhudesai, Gut health and allergy Expert, Founder Hrishiveda pharmac
Sessions - 12.15 pm - 1.00 pm	Topic : Menstrual hygiene Speaker : Dr. Jyoti Sawant, Ayurvedic physician
Session : 4.30 pm - 5.30 pm	Topic - Research Methodologies and Document Presentation Speakers : Dr. Anurag Varshney – Senior Researcher, Patanjali Research Foundation (PRF)
10.00 am - 6.00 pm	Paper Presentation
DAY 3 – 25th January 2026 Sessions - 10.00 am - 12.00 noon	Topic : Knowledge Session for Community Health Speaker : Dr. Janhavi Prabhudesai, Gut health and allergy Expert, Founder Hrishiveda pharmacy & Team
10.00 am - 6.00 pm	Paper Presentation

Key Note Speakers



Acharya Shri Balkrishna Ji
Managing Director,
Patanjali Ayurveda



Vd. Rajesh Kotecha
Secretary, Ministry of AYUSH,
Govt. of India

Speakers



Dr. Vijay Murthy,
Specialist in Integrative Medicine,
United Kingdom and Europe



Dr. Khader Vali
Millet Man of India,
Padmashree Awardee



Mr. Om Prakash Singh
Olympian, Asian Champion,
National Athletic Coach



Mr. Ryan Fernando
Celebrity Nutritionist



Dr. Ali Irani
Renowned Sports
Physiotherapist



Prof. Dr. S. N Gupta
Vice Chancellor,
Maganbhai Adenwala
Mahagujarat University,
Nadiad



Dr. Shaji Prabhakaran
Executive Committee Member
for Asian Football Confederation
(AFC) and South Asian
Football Federation (SAFF)



Dr. Rajendra Badwe
Padma Shri,
Surgical Oncologist,
Former Director of
Tata Memorial Centre



Shri Charudutta Panigrahi
Spiritual Philosopher
and Author



Shri Advait Yoga Bhushan
Yogi & Philosopher



Shri Tsewang Norbu Vivek
International Spiritual
& Meditation Guru



Vaidya Pareexit Shevde
Renowned Ayurvedic Physician
and Thought Leader

Speakers



Dr. Rajesh Srinivas Bail
Global Wellness Expert



Dr. Manohar S. Gundeti
Research Officer (Ayurveda),
Central Ayurveda Research
Institute (CARI), Mumbai.
Under Central Council of Research in
Ayurvedic Sciences (CCRAS)



Dr. Yogesh Bendale
Renowned Ayurvedic
Oncologist



Dr. Rohit Sane
Medical Director
(Madhavbaug)



Dr. Pradeep M. K. Nair
Renowned Naturopathy
Oncologist



Dr. Shekhar Salkar
Renowned Oncologist,
Goa



Prof. Dr. Sujata D. Kadam
(MS, PhD) Dean
(Academic & Administration),
All India Institute of Ayurveda Goa
Professor & HoD (SRPT)



Prof. Dr. Sameer Naik
Professor, SBG Ayurveda
Medical College, Ayurveda
Gastroenterologist



Dr. Kanak Soni
Renowned Naturopath
at Patanjali Wellness
Haridwar



Dr. Apar Saoji
Principal, Swami
Vivekananda Yoga
Anusandhana Samsthana
School of Yoga and
Naturopathic Medicine, Bengaluru



Dr. Vitthal Huddar
Additional Professor, All India
Institute of Ayurveda (AIIA)
- Delhi



Dr. Neelesh Korde
Principal, Gomantak
Ayurveda Mahavidyalaya
Research Center, Goa



Dr. Ajay Gaude
Director, Directorate
of Sports & Youth Affairs,
Govt. of Goa



Mrs. Shweta Desai
Directorate of Food & Drugs
Administration,
Govt. of Goa



Dr. Gaurav Desai
Professor, Gomantak Ayurveda
College and Mahavidhyalaya,
Goa



Vd. Dr. Madhavalata Dixit
MD (Ayu.) & PhD (Ayu.),
Ayurveda Swasthavritta &
Health Expert

Speakers



Dr. D Sathyanath
Prof. National Institute of
Naturopathy, Pune



Dr. Sarthak Patnaik
Arthroscopic & Sports Surgeon
Founder- Sports Science India



Prof. Dr. Geetha B Shetty
Prof. & Dean, Physical
Therapeutics and Nutrition
SDMCNYS



Mr. Darryl Dsouza
Sustainable Wellness Expert



Dr. Sneha Bhagwat
President, Goa Council of
Ayurveda And Others
Allied Indian System Medicine



**Dr. Jaanavi Sandeep
Prabhudesai**
Gut Health & Allergy Expert,
Founder Hrishveda Pharmacy



Dr. Jyoti Sawant
Ayurvedic physician



Dr. Pradip Vithal Sarmokadam
Member Secretary, Goa State
Biodiversity ; Board, HoD, Nodal
Agency - Goa State Wetland Authority,
Nodal Officer Climate Change



Dr. Anurag Varshney
Vice President & Chief Scientist,
Patanjali Research Foundation



Dr. Nagraj Samaga
Director Ayur Vihar



Dr. Sonal Sawant
Ayurvedic Physician



Dr. Roopa Apte
Ayurvedic Physician



Dr. Ved Priya Arya
Head, Herbal Research
Division, Patanjali Research
Foundation, Haridwar



Dr. Minal Joshi
Deputy Director,
AYUSH CELL Govt. of Goa



Dr. Maryanne Borges
Ayurveda Physician
Ethano Botanical chronicler

Organizing Committee



Dr. Sneha Bhagwat
President



Dr. Dharmendra Prabhudessai
Vice President



Dr. Devdutt Sail
Organising Secretary



Smt. Pratima Dhond
President, Goa Chamber of
Commerce & Industry



Dr. Minal Joshi
Member



Dr. Joy Pereira
Member



Dr. Mahesh Verlekar
Member



Dr. Rita M. D'Souza e Vaz
Member

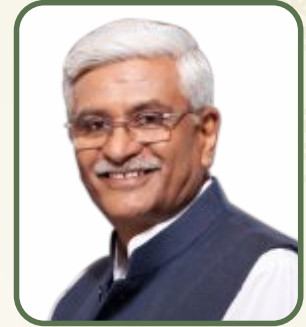
Key Dignitaries



Dr. Pramod Sawant
Hon'ble Chief Minister,
Government of Goa



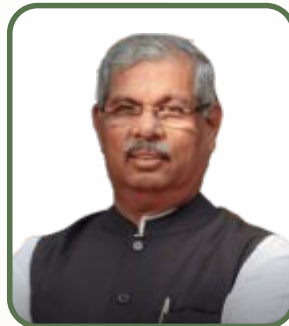
Shri Jagat Prakash Nadda
Hon'ble Union Minister for Health,
Government of India



Shri Gajendra Singh Shekhawat
Hon'ble Union Minister for Tourism,
Government of India



Shri Prataprao Jadhav
Hon'ble Union Minister for AYUSH,
Government of India



Shri Rajendra Arlekar
Hon'ble Governor of Kerala



Shri Shripad Yesso Naik
Hon'ble Union Minister for State
for New and Renewable Energy,
Government of India



Shri Vishwajeet Rane
Hon'ble Minister for Health,
Women & Child, Town & Country



Shri. Rohan Khaunte
Hon'ble Minister for Tourism,
Information Technology, Electronics
& Communication, Printing & Stationary,
Government of Goa



Shri Ramesh Tawadkar
Hon'ble Minister for Sports,
Art & Culture and Tribal Welfare,
Government of Goa



Shri Sadanand Shet Tanavade
Hon'ble Member of Rajya Sabha



Shri Swami Baba Ramdev
Yog Guru



Contact & Registration

Join Us in Shaping the Future of Global Wellness!

For Delegate & Visitor Registration

Email : delegate.iiawexposummit@gmail.com

info.iiawexposummit@gmail.com

Contact : +91-98221 60608

Website : www.iiawexposummit.com

Venue : Dr. Shyama Prasad Mukherjee Indoor Stadium, Bambolim - Goa

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